



Jesus is the One and Only Savior

The Word became flesh and made his dwelling among us. We have seen his glory, the glory of the One and Only, who came from the Father, full of grace and truth. – John 1:14

A common resolution at New Year's is to lose weight and improve fitness. There are various ways people seek to reach that goal. Some strive to improve their diet, either eating smaller portions or switching to healthier foods. Others focus more on exercise, building up their strength or following a cardio workout plan. Picking any or all of those options can help a person reach a weight loss and fitness goal.

There is a certain goal, however, that has only one way to reach it. If the goal that you want to obtain is eternal life in heaven, the one and only way to reach that goal is through Jesus. Jesus is the world's one and only Savior.

Many people disagree with that. The common thought is that there are many ways to reach the goal of heaven and eternal life. Many consider Jesus to be one option of many.

But Jesus didn't come to be *a* path; he came to be *the* path. Jesus didn't come to show us how we could obtain heaven by ourselves; he came to show us his glory and to be our Savior.

Consider how many New Year's resolutions will be abandoned. We know how weak we can be. But Jesus is true God who came from heaven. Yes, he became human like us, yet he was without our weaknesses and he was without our sin. His great love caused him to leave heaven and dwell among us. He came to take away our sins by giving his own life as the payment for our sins. Calling us to be his followers by trusting him as our Savior, he freely gives us the gift of heaven and eternal life.

Following Jesus isn't like so many other resolutions that get discarded after a few months. To follow him is a goal that lasts the entire year. Having seen the true beauty and glory of the world's one and only Savior, we can't help but want to learn more and grow in the knowledge of Jesus, the world's one and only Savior.